WHAT IS THE DETERRA® MEDICATION DEACTIVATION AND DISPOSAL SYSTEM?

Deterra® is a safe medication disposal pouch that allows you to safely deactivate and dispose of unneeded pills, patches, liquids, creams and films at home.

TO LEARN MORE ABOUT OPIOIDS AND OTHER WAYS TO BE SAFE, VISIT **hhs.nd.gov/opioids**

OPIOIDS
TAKE CARE, BE AWARE.

NORTH Dakota Be Legendary. | Behavioral Health HEALTH & HUMAN SERVICES

Safely Dispose of Unused Prescription Medications

DETERRA® drug deactivation system

The Deterra® Drug Deactivation & Disposal System is a simple, environmentally safe way to get rid of unneeded medications

OPIOIDS
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WHY DO WE NEED MEDICATION DISPOSAL?

1. Over 40 people die every day in the U.S. from a prescription opioid overdose, according to the CDC.
2. More than 60% of people with leftover prescription opioids keep unused pills instead of disposing them.
3. Most misused medications are taken from friends and family.
4. At-home drug deactivation and disposal help keep unused medications out of our water and soil.
5. Deterra® helps keep children, pets and others safe from accidentally ingesting unused or expired drugs.
6. Properly disposing of unneeded drugs helps prevent them from being misused or stolen.

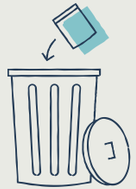
HOW DO I USE THE DETERRA® POUCH?

Place Medication In Pouch

Open pouch and place unused medications inside.

Fill Halfway With Water

Fill halfway with warm water and wait 30 seconds. Foaming may occur.



Seal, Shake & Dispose In Trash

Seal tightly, gently shake and dispose of in normal trash.

Scan or visit to watch how-to video:
VISIT **deterrasystem.com/pouch-how-to-video**

NOT READY TO DISPOSE OF YOUR MEDICATIONS YET?

Follow these tips for safe storage:

1. **Keep out of reach of children.** Storing your medication somewhere where children cannot reach or see them helps prevent dangerous accidents.
2. **Put medicine away every time.** Never leaving medication out where others can easily access it can help ensure that only the person to whom it is prescribed uses it.
3. **Communicate about safety.** Letting everyone in your household know the safety precautions around medication can help keep them safe from medication misuse or abuse.
4. **Get rid of unused medicine safely and promptly.** Keeping unused medication in your household is very dangerous. Use Deterra® to safely dispose of your medication.

For more information about the Deterra® Drug Deactivation and Disposal System, visit deterrasystem.com.

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